## Completed Take Fives - Individual Forms - from 09-Feb-2019 to 09-Feb-2019

User Name	Form Name	Form Version	Location	Completion Date
Anonymous	Take Five 2	1.0.0	78.223200, 15.626700	09-Feb-2019 11:13:34

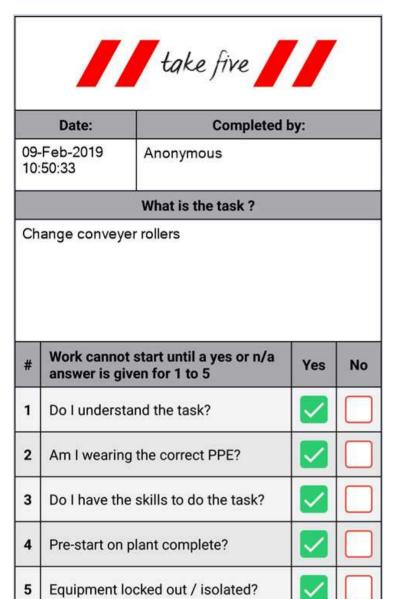
Form Data		
Prompt	Response	
Date:	09-Feb-2019 10:52:36	
Completed by:	Anonymous	
What is the task ?	Closing valve XV1234.	
Am I fit (consider stress, time pressure, distractions, high work load)?	Yes	
Is this task different, infrequent, or 1st time?	No	
Correct tools/ PPE for the task?	Yes	
Have I communicated with the area?	Yes	
Are all hazardous energies isolated?	Yes	
Will I be in the line of fire?	No	
Am I overconfident about the task?	No	
Is it my 1st day back after a break or end of shift?	Yes	
Is the work guidance vague or poor for the task?	No	
Can my hands or fingers get hurt?	No	
Are there critical risk/s associated with the task? If yes complete CCC/s.	No	
Could I sprain/strain a part of my body?	No	
Are there any hazards; Above?	No	
Are there any hazards; Below?	Yes	
Are there any hazards; Behind?	Yes	
Are there any hazards; Inside?	No	
Hazards (what could hurt me?) 1	Gaps in grating.	
Controls (what will protect me?) 1	Awareness.	
Hazards (what could hurt me?) 2	Residual caustic.	
Controls (what will protect me?) 2	PPE. In particular gloves.	
Hazards (what could hurt me?) 3		
Controls (what will protect me?) 3		
Hazards (what could hurt me?) 4		
Controls (what will protect me?) 4		
Hazards (what could hurt me?) 5		
Controls (what will protect me?) 5		
Hazards (what could hurt me?) 6		
Controls (what will protect me?) 6		
Hazards (what could hurt me?) 7		
Controls (what will protect me?) 7		
Hazards (what could hurt me?) 8		
Controls (what will protect me?) 8		

Date:	Completed by:		
09-Feb-2019 10:52:36	Anonymous		
What is the task	(?		
Closing valve X	V1234.		
_		Yes	No
Am I fit (conside distractions, hig	er stress, time pressure, h work load)?		
Is this task diffe or 1st time?	rent, infrequent,		$\checkmark$
Correct tools/ P	PE for the task?	<b>/</b>	
Have I commun			
Are all hazardou	<b>/</b>		
Will I be in the li	ne of fire?		$\checkmark$
Am I overconfid	ent about the task?		<b>/</b>
Is it my 1st day or end of shift?	back after a break	<b>/</b>	
Is the work guidance vague or poor for the task?			$\checkmark$
Can my hands o	or fingers get hurt?		
	I risk/s associated with complete CCC/s.		<u> </u>
Could I sprain/s	train a part of my body?		<b>/</b>

Are there any hazard	s;	
Above? Below?	Behind?	Inside?
Yes Yes	Yes 🗸	Yes
No No	No	No 🗸
Hazards (what cou hurt me?)	uld	Controls (what will protect me?)
Gaps in grating.	Aw	areness.
Residual caustic.	PPI	E. In particular gloves.

User Name	Form Name	Form Version	Location	Completion Date
Anonymous	Take Five 3	1.0.0	78.223200, 15.626700	09-Feb-2019 11:13:34

Form Data			
Prompt	Response		
Date:	09-Feb-2019 10:50:33		
Completed by:	Anonymous		
What is the task?	Change conveyer rollers		
Do I understand the task?	Yes		
Am I wearing the correct PPE?	Yes		
Do I have the skills to do the task?	Yes		
Pre-start on plant complete?	Yes		
Equipment locked out / isolated?	Yes		
Is a permit to work required?	No		
Are tools right for the job?	Yes		
Are tools in a safe working condition?	Yes		
Is anyone working above or below?	Yes		
Can I fall from heights?	No		
Could my task hurt others?	Yes		
Have items with 'red' responses been controlled?	Yes		
Could I be exposed to noise?	No		
Could I be exposed to hazardous substances?	No		
Could I be exposed to moving traffic?	No		
Could I be exposed to dust, gas, or fumes?	No		
Could I be exposed to working with suspended loads?	No		
Could I be exposed to vibration or radiation?	No		
Could I be exposed to extreme temperatures (hot / cold)?	No		
Have all exposures that were identified been controlled?	Yes		
Note 1	Risk to others when changing rollers out at height. Communicate with others in the area. Barricade the area.		
Note 2	Think about each step before starting task. Keep eyes on the task. Be aware of pinch points.		
Note 3			
Note 4			
Note 5			
Note 6			







take five
Notes
Risk to others when changing rollers out at height. Communicate with others in the area. Barricade the area.
Think about each step before starting task. Keep eyes on the task. Be aware of pinch points.

User Name	Form Name	Form Version	Location	Completion Date
Anonymous	Take Five 1	1.0.0	78.223200, 15.626700	09-Feb-2019 11:13:34

Forn	n Data		
Prompt	Response		
Date:	09-Feb-2019 10:52:36		
Completed by:	Anonymous		
What is the task?	Isolate equipment for maintenance overhaul.		
Am I fit and ready to do this task?	Yes		
Is there anything new or different?	No		
Am I using the right tools / PPE for the task?	Yes		
Have I communicated with area personnel?	Yes		
Are all hazardous energies isolated?	Yes		
Will any part of my body be in the line of fire?	No		
Will the task involve an awkward posture, forceful exertion, repetition or vibration?	No		
Does this task have one or more CRM critical risks associated with it? Refer to the CRM Critical Risk Index. If 'Yes' a CCC must be completed ahead of the task.	No		
What tools will I use? Stress	Yes		
Error traps for this task. Stress	Heat. Heavy tools.		
What tools will I use? High work load	Yes		
Error traps for this task. High work load	Forward planning of tasks.		
What tools will I use? Time pressure	Yes		
Error traps for this task. Time pressure	Do one job at a time. Follow the plan.		
What tools will I use? Poor Communications	No		
Error traps for this task. Poor Communications			
What tools will I use? Vague or poor work guidance	No		
Error traps for this task. Vague or poor work guidance			
What tools will I use? Overconfidence	No		
Error traps for this task. Overconfidence			
What tools will I use? Infrequent or first time task	Yes		
Error traps for this task. Infrequent or first time task	Review each SWI prior to performing the task.		
What tools will I use? Distractions	Yes		
Error traps for this task. Distractions	Being called for breakdowns.		
What tools will I use? First day following more than 4 days off	No		
Error traps for this task. First day following more than 4 days off			
What tools will I use? End of a shift or work cycle	No		
Error traps for this task. End of a shift or work cycle			
What could go wrong? (hazards) 1			
What could go wrong? (hazards) 2			
What could go wrong? (hazards) 3			
What could go wrong? (hazards) 4			
What could go wrong? (hazards) 5			
What are the counter measures? (controls) 1			
What are the counter measures? (controls) 2			
` '			



What are the counter measures? (controls) 3	
What are the counter measures? (controls) 4	
What are the counter measures? (controls) 5	
What is the worst thing that could happen?	
What are the critical steps for this task? 1	
What are the critical steps for this task? 2	
What are the critical steps for this task? 3	
Under what conditions should I/we STOP this task?	
Review of the Task. Any issues identified?	
Review of the Task. Any docs to be written or updated?	
Review of the Task. Any lessons learned?	
Note 1	The weather is very hot and humid.
Note 2	
Note 3	
Note 4	
Note 5	
Note 6	



Date:	Completed by:
09-Feb-2019 10:52:36	Anonymous

## What is the task?

Isolate equipment for maintenance overhaul.

#	Focus	Yes	No
1	Am I fit and ready to do this task?	$\checkmark$	
2	Is there anything new or different?		$\checkmark$
3	Am I using the right tools / PPE for the task?	$\checkmark$	
4	Have I communicated with area personnel?		
5	Are all hazardous energies isolated?		
5	Will any part of my body be in the line of fire?		
7	Will the task involve an awkward posture, forceful exertion, repetition or vibration?		<b>/</b>



## **Critical Risk Management**

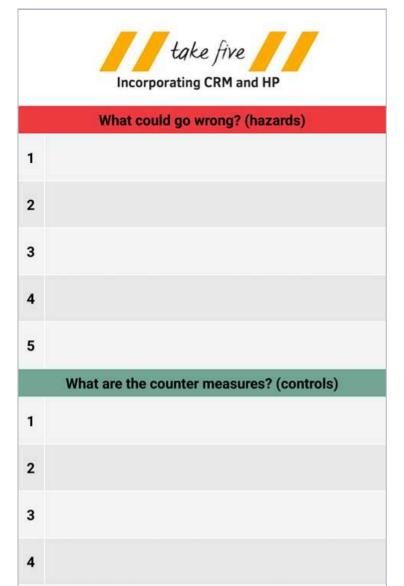
Does this task have one or more CRM critical risks associated with it? Refer to the CRM Critical Risk Index. If 'Yes' a CCC must be completed ahead of the task.

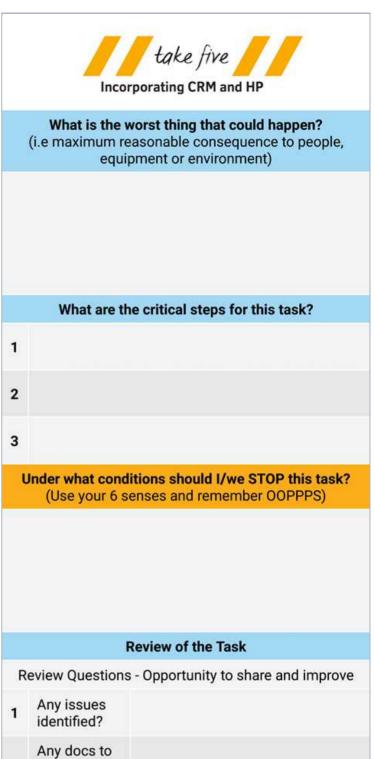




## Human Performance-What Performance Mode am Lin?

what Performance Mode am I in?			
Skills Base (1:1000)	Rule Base (1:100)		Knowledge Base (1:10)
Am I competant and have I completed this task 50-100 times successfully?	What is the rule for the task and have I reviewed it?		Stop and Seek Help
Error Traps for this task		<b>√</b>	What tools will I use?
Stress		<b>/</b>	Heat. Heavy tools.
High work load		<u>~</u>	Forward planning of tasks.
Time pressure		<b>/</b>	Do one job at a time. Follow the plan.
Poor communications			
Vague or poor work guidance			
Overconfidence			
Infrequent or first time task		<b>/</b>	Review each SWI prior to performing the task.
Distractions		<u>~</u>	Being called for breakdowns.
First day follow- ing more than 4 days off			
End of a shift or work cycle			





be written or

Any lessons learned?

updated?

2

5



Incorporating CRM and HP				
Notes				
The weather is very hot and humid.				